

WITH COMPLIMENTS FROM YOUR COMMUNITY ASSOCIATION

Spring 2018



HARROWBARROW & METHERELL NEWS LETTER

Andy Partridge
Carpenter & Joiner

*All aspects of quality carpentry work
including repairs & renovations
kitchens - bedrooms - bathrooms
cupboards - bookcases - shelving*

*Custom-built to your
requirements*

**No job too small.
For a clean and
courteous service,
free estimates and
advice:**

**tel (01579) 350754
mob 07967 208685**



Jane's Floral Designs

FREELANCE FLORIST
FLOWERS FOR ALL OCCASIONS

DRAKEWALLS
01822 833435
07532 292814

www.janes-floral-designs.co.uk

shop@janes-floral-designs.co.uk



Harrowbarrow & Metherell
Pre-school

Funded places for 30 hours*

Funded places available for 2 and 3 year olds*

**Monday: 8:45 – 2:45
Tuesday: 8:45 – 2:45
Wednesday: 8:45 – 2:45
Thursday: 8:45 – 2:45
Friday: 8:45 – 2:45**

Call: 0777 3640139
staff@harrowbarrowpreschool.co.uk
www.harrowbarrowpreschool.co.uk

* Funding for 30 hours and 2 year olds subject to status

The Carpenters Arms

Lower Metherell, 01579 351148
Charming 15th Century Pub.

Superb Selection of Delicious, Homemade
Food Freshly Prepared In Our Premises.
Traditional Sunday Roast. Stone Baked Pizzas
Families Welcome

Three Rotating excellently kept Real Ales,
Wines, Spirits & Soft Drinks.

Live Music-Open Mic nights-Special Events- Discos
Restaurant available for private hire. Free Wi-Fi
Join us for an afternoon & evening of fun.

You Will Always Feel Welcome



Harrowbarrow Post Office & Shop (Adrian & Mandy : 01579 350241)

Open: Mon, Wed, Thur, Fri, 8am - 1pm & 2 - 5.30pm; Tue & Sat 8 - 1pm

We look forward to serving you with: general groceries, fresh bread & milk, cakes, local pasties, fresh fruit & vegetables. From the chilled cabinet: bacon, pâté, cream & cheeses, chilled drinks & ice creams. Also a selection of cards & stationery. **Post Office services:** foreign currency, bill payments, cash withdrawals & deposits etc

We also supply items from:

Trehill Farm, St Dominic: home-reared traditional meat & sausages inc. 'the Sunday Roast'

Delectable Collectable Antiques: from the 'in store' cabinet "Something for Everyone"

Items include jewelry, silver & unusual items of interest

Purchase from the eBay shop **delcolantiques** for delivery & payment in the shop, saving on postage!

Kit Hill Alpacas: "All our Alpaca products are made using our own fleece." See items in store.



C.W.Cosgrove
General Builder
Over 30 years
experience

For all your building requirements.

Free estimates.

All works fully guaranteed.

Complete professional service from a
local builder.

telephone : 01579 350064

mobile : 07866989200

R. G. Cornbill & Dad



For all aspects of...

**PLASTERING,
RENOVATIONS,
EXTENSIONS, and
ROOFING.**

**ESTIMATES ALSO GIVEN
FOR U.P.V.c WINDOWS,
FASCIAS and SOFFITS.**

All Home Maintenance...

including Painting and Decorating
and General Repairs

NO JOB TOO SMALL - NO VAT
PROMPT SERVICE - FREE ESTIMATES

01822 833435

"YOUR LOCAL BUILDER"

For Sale
Seasoned Hard Wood
Logs
phone Phil Searle:
01579 350536

Tamar Valley Food Hubs

Your local, not-for-profit grocer delivering
the best of Tamar Valley food and drink from
over 40 local producers.

Fruit, veg, fresh fish, artisan bread,
meat, cheeses, store cupboard goods
& whole foods

with free delivery to Harrowbarrow &
Metherell

www.tamarvalleyfoodhubs.org.uk
(01579) 208412

Rising Sun Plant & Garden Centre
Harrowbarrow

Open Mon to Sat 9 - 5, Sun 10 - 4

Wide selection of patio, basket & bedding
plants. Fuchsias, geraniums, herbaceous
border & rockery.

Climbing & bush roses, shrubs, fruit bushes
& trees (ornamental & native). Dwarf
conifers, heathers & herbs. Large selection of
bulbs (spring & summer).

Holly wreaths & Christmas trees. Fresh
vegetables & cut flowers.

National Garden gift vouchers.

ample parking - coffee shop.

tel. 01579 351231

www.risingsun.nurseries.co.uk

Master Card, Visa & Switch

THE GREEN GARDEN COMPANY

Let's Make Your Garden Special!

Professional, Reliable, Friendly,

Fully Insured & Local

Specialising in:

Complete Garden Maintenance Service

Landscaping, Borders & Planting

Patios/Paths/Decks constructed & maintained

New Lawns - Seeded or Turfed

Grass Cutting - One Off or Regular Cuts

Hedge Cutting & Pruning

Garden Clearance & Restoration

Pressure washing

01579 350851 or 07941 639907

mike@greengardencompany.co.uk

A cared for Garden is an Enjoyable Garden



SPRING DIARY 2018

Events held at Village Hall unless otherwise stated

April

Tue 03	SHAME monthly meeting	7.30pm
Wed 04	All Saints Church Community Coffee Morning	10am-12noon
Wed 11	Guided Walk with Jean	2pm
Thu 12	Chiropody Clinic	1.30pm onward
Mon 16 & 30	Luncheon Club	12 for 12.30pm
Tue 17	T. V. Flower Club - 'Springtime'	1.45pm
Tue 17	Film Club 'The Grand Budapest Hotel '	7 for 7.30pm
Wed 18	W.I. 'Speed Awareness' - Dave Foster	7.30pm
Sat 28	Re- scheduled St Piran's Party (see poster)	7.30pm

May

Tue 01	SHAME monthly meeting	7.30pm
Wed 02	All Saints Church Community Coffee Morning	10am-12noon
Mon 07	May Day	1 pm
Wed 09	Guided Walk with Jean	2pm
Mon 14	Luncheon Club	12 for 12.30pm
Tue 15	T. V. Flower Club - 'Here comes Summer'	1.45pm
Tue 15	Film Club - 'Hidden Figures'	7 for 7.30pm
Wed 16	W.I. 'Resolutions'	7.30pm
Thu 24	Chiropody Clinic	1.30pm onward
Tue 29	Community Association AGM	7.30pm

June

Sat 02	S.H.A.M.E.'s Summer show	7.15pm
Sun 03	S.H.A.M.E.'s Summer Show	2.15pm
Mon 04 & 18	Luncheon Club	12 for 12.30pm
Tue 05	SHAME monthly meeting	7.30pm
Wed 06	All Saints Church Community Coffee Morning	10am-12noon
Sun 10	Open Gardens for St Luke's Hospice	11am - 4pm
Wed 13	Guided Walk with Jean	2pm
Tue 19	T. V. Flower Club - 'Workshop'	1.45pm
Tue 19	Film Club - 'Brooklyn'	7 for 7.30pm
Wed 20	W.I. 'Hallsands Disaster' - Ursula Myers	7.30pm

Village Hall Bookings Secretary

Lorraine Palmer, 2, School Lane, Harrowbarrow PL17 8BS

tel: 01579 350911 e-mail: lorriepalmer44@btinternet.com

PLEASE contact Lorraine during reasonable hours,
preferably not at weekends.



Hamlet deliverer wanted! Can You Help?

Please contact Sally (01579 350329) if you would be able to deliver the Hamlets to Edgcumbe Way. Your help in this would be much appreciated.

Village Website

Please contact Karen Ward if you wish to post news of village events etc on the website: karen.willowview@btinternet.com/ tel no: 01579 351971

WELCOME to the Villages

Please contact Jean if you are new to the area and would like a WELCOME PACK with information on local businesses, groups you can join and other useful information.

Jean Miller : 01579 351081 E-mail: jean.g.miller@btinternet.com

New Notice Board at the top of the Coombe

I have been entrusted with the key to the new Parish Council Notice Board at the Top of the Coombe. If anyone wishes to have posters displayed in the Board would they please put them in my letter box at Coombe View (next to the Notice Board) and I will do the necessary.

Parish Council regulations state there are to be no Trade adverts, the board is for Community & Parish Notices only.

You are welcome to ring me on 351034 if you have any queries.

Verona Davis





Community Association 37th ANNUAL GENERAL MEETING

Tuesday 29 May AT 7.30

In the GAMES ROOM of the VILLAGE HALL
Open to all residents who receive a hand delivered HAMLET

AGENDA

1. Chairman's Welcome & to receive Apologies for Absence (to the secretary please 01579 351081 / jean.g.miller@btinternet.com)
2. To approve the Minutes of the last AGM (30/05/2017) & Matters Arising thereof
3. To receive the Chairman's Annual Report
4. To receive accounts for the year ended 31/03/18 & appoint an Independent Financial Examiner
5. To receive Annual Reports from the standing committees:
 - (a) Hall Management
 - (b) Hamlet (Welcome Pack Team)
 - (c) Social
 - (d) HAMLET Film Club
6. To express thanks to ALL the Community Association's volunteers
7. To invite for discussion any comments or suggestions to develop the work of the Community Association for the benefit of the Villages
8. To elect Officers & Standing Committees for the ensuing year
9. Forthcoming Events
10. Date of next AGM in the Games Room of the Village Hall

Art Group

Come & join our friendly group in the Games Room of the Village Hall, a special time to paint or sketch in company, enjoy a chat & a cup of tea. Drawing, pastels, ink, acrylics, watercolours, water based oils, charcoal & mixed media. We are all trying some new skill & enjoy having a go!

Next Term Dates: Mon 2 - 4 pm

May 21 & 28, June 11 & 25, July 09 & 23

Cost for members for the term £12 - payable at the first session

Local artist **Ian Pethers** will present a workshop on **May 21** - subject to be decided. Cost to non members £5. Members free.

Please phone **Christine Hart 01579 350909** if you wish to attend. Newcomers welcome.





ANNUAL FUND RAISER
Saturday 10 March, 2018

INCOME by Stalls

Auction	£553.00
Bric a Brac	£108.08
Books	£91.08
Cakes	£135.31
Donations	£271.00
Fancy Goods	£120.10
Jigsaws	£56.00
Kitchen/glass	£165.76
Nearly New	£58.42
Plants	£77.30
Raffle	£256.01
Refreshments	£106.05

TOTAL £1,998.11

OUTGOINGS : Hire of Village Hall £50

Cheque to Cancer Research U.K. £1,948.11

Many thanks to all who helped to achieve this wonderful result.

Jenny Snuggs - Chairman

Linda Pearce - Secretary

John Eccles - Treasurer

Elaine Moyle - Assist.Treasurer

You are invited to come to
Songs of Praise at All Saints, Harrowbarrow
on Sunday 08 July at 3pm.
followed by a cream tea
Donations are invited for Cancer Research UK.
We look forward to seeing you.



Advertisers and Volunteers

Many thanks to those who place advertisements in Hamlet. We hope that this will help you gain more business. We ask those who use the advertisers to let them know if it was through Hamlet that they became aware of them. The advertisers contribute a lot to the community as it helps provide free copies of the magazine to the villages, about 700 households in total. (Hamlet can also be accessed on both the village and parish websites, so friends & relatives elsewhere can see what we are up to)

There continues to be lots going on in our vibrant community, largely through the hard work and commitment of volunteers, many of whom have been involved for some time. It all adds up to a big number of people: the Community Association (the umbrella body responsible for the oversight of the committees and their financial affairs), Hall Management, Hall Supervisors, Social Committee and many other groups and committee members, Luncheon Club organisers & helpers, Welcome Pack deliverers, Hamlet distributors and all those who come along and lend a hand at various functions. Every bit of support is welcome.

When new volunteers come along, there will always be something to lend a hand with, however small, an excellent example being the Annual Sale and Auction for Cancer Research U.K. when so many help to make the event run smoothly and with great success.

Finally, if you'd like to start up a new group or hold a one-off event either private or public, and wish to use the village hall, please contact Lorraine Palmer for booking availability. (see Diary for details)

People.....People.....People

Congratulations to the Arrow-barrows Grand Appeal and Air Ambulance fund-raising event on the 23rd September which raised a grand total of £3000. Graham Carter thanks all who helped and supported the event especially the Callington Town Band whom he accidentally omitted in his earlier report, who gave their time free of charge and who made the afternoon such a success.

Congratulations to Kelly (of 'Sleeping Beauty') and Ben Waters (golf professional at St Mellion) on the birth of their twins Arabella and Joseph, grandchildren for Yvonne and Charlie and great grandchildren for Trish whom we know so well from Sleepy Hollow.

Condolences to the family and friends of Jill Banks who died after a brief illness on 7th January. Jill resided here for over thirty years but was born in Solihull with some of her early years spent in Llandudno. She was a keen roller skater participating in shows and competitions for which she gained medals. On moving to Canada aged 21 she married her soul mate Tom then they lived in Australia and New Zealand for a few years. Back home in England they helped run Jill's mum's cafe The White Horse in Wiltshire situated right under THE White Horse before returning to Australia and New Zealand. In the late 1970s, on moving to Honicombe Park, the couple became well-known to patrons of Cross House Inn where they were much appreciated by the owners for their management skills and ability to turn their hand to anything. When funds were being raised to build Harrowbarrow and Metherell village hall they were volunteers at functions, contributing their time and skill. They made many friends here and, after Tom passed away, Jill continued to be an active and popular neighbour and member of the community, her friendly, intelligent and generous spirit appreciated by all who knew her. One of her last gifts to us was to deliver Hamlet newsletters, a task she shouldered for many years with no complaints in spite of her round being the largest.

She was laid to rest with Tom at the beautiful Albaston cemetery.

Condolences to Anne, Michael and the rest of the family on the death of Dennis Appleton on 14th February. The Appletons moved here from the South East to the Coombe 30 years ago, to a property which answered to their shared passion for the countryside and for gardening. They grew food for themselves and transformed some of their property to a wild life haven, by meticulously maintaining and planting up the reclaimed land that was once mining spoil and where Dennis' spirit will live on. Though born in Essex, he had worked at Dungeness Power Station and his final job before retirement was as caretaker at Callington School. Living in the Coombe, he was able to keep a few goats & sheep (driven annually for shearing to the Tancocks' farm - Anne still has some of their yarn), ducks and geese and always, of course, dogs.

Commiserations to Mim whose husband Brian Stephens passed away in Kettering Hospital on the 8th January at the age of 88. Brian had lived in Oakey Orchard Metherell for 30 years since retiring from his Calstock market gardening business. He had only moved to Corby with Mim late last year to live with his family. The family would like to thank everyone who attended Brian's Funeral at Calstock Church & after at the Tamar Inn for making the day such a special occasion & celebration of Brian's life.

Condolences to the family and friends of Peggy Adams who died on 24th January, aged 86. Peggy and her husband Gerald lived in Harrowbarrow from when they were first married nearly 70 years ago and brought up their two daughters here. The family loved holidaying at the beach in West Cornwall in their caravan. A person of many talents, Peggy took great pride in her garden, growing vegetables, and was also an excellent dressmaker. She and Gerald were both very involved in village life. Peggy was instrumental in starting the Friday Tea Dances and always helped with the Annual Sale for Cancer Research UK. Until recently she continued to come to Luncheon Club, always cheerful, friendly and appreciative, a very popular resident of the community who will be much missed.

Congratulations to Katie and Leo Murray at Silverstones, Rising Sun, on the birth of their daughter Cora, a sister for Alana.

Congratulations to the Line Dance group led by Christina Myers who raised the sum of £700 for Children's Hospice South West last year. Please note that this group meets on Thursday from 7 to 9pm - with any queries to Christina whose number has changed to 01822 832322.

Welcome to new residents Roger, Jenny, James, Cameron and Lexi the dog who have moved into Tregarthen, Lower Methereil

and

Ian and Joanne Jacob and their son Chris who moved into Shula, Lower Methereil, from Tavistock, in December

and

Lynda, John and Sophie Whitefield and Trigger the Springer Spaniel at Grey Nelly House, Harrowbarrow, from Plymouth

and a belated welcome to

Matt Smith and Lois Horsham at Rose Cottage, Coombe, Harrowbarrow, who moved there last April after extensive renovations by themselves.

A huge thank you from Louise Wherry to everyone who helped with her fundraising bingo night. Thanks for the loan of the bingo machine, the donation of prizes and the drumming up of support. In total Louise raised £550.

Thank you from Heather Summers to Nicola Chadwick and the other kind people who stopped and helped Bob when he had fallen in Tancock's lane towards the end of February. She wishes to express her gratitude for their help and kindness.

Congratulations to the Tamar Valley AONB team on receiving an 'Outstanding Contribution to Tourism' award recently.

Thank You from Chris and Anita Nash who write:

"Our house moving saga has almost become the stuff of legend. We have had amazing support and encouragement from many friends and acquaintances in the villages, our worldly goods residing in containers, bedrooms, garages, sheds and gardens throughout Harrowbarrow and Metherell, with accommodation, sustenance and man-power provided by the most generous and thoughtful people we have ever met.

We hope to cease our wanderings soon and pay back your kindness. We feel truly blessed. Thank you so much and love to you all."

Congratulations to upholsterer Bruce Jack of Feathers Barn, Cox Park, who is well known in the district and further afield for his very fine work, and who was recently presented with an 'Upholders (historical word for upholsterer) Masters Certificate' by the Lord Mayor of the City of London.

Harrowbarrow School and Outdoor Learning



Our journey started with an Erasmus application to look at best practice in schools in Sweden and Slovenia with a focus to promote social inclusion, to raise attainment particularly for disadvantaged pupils and to further mental wellbeing for all pupils. Both

Lewannick and Harrowbarrow Schools looked to work with Krokslatts school in Molndal to see how they used outdoor learning and the outdoor space to support work in Numeracy and Literacy throughout the school.

For 3 days in Sweden, come rain or shine, we observed outdoor education, from the youngest preschool children aged 4 to year 6. The natural environment was used as a stimulus, a way to engage pupils' attention and to reinforce the learning that was happening inside the classroom. From finding objects that began with different letters of the alphabet to playing 'Kim's game' with found objects, every session was designed to promote Literacy and Numeracy. It led us to think that we too could use the outside environment to support the teaching of Numeracy and Literacy. We set ourselves the challenge to have one outside lesson of Literacy each week.

We feel that this project helps to connect young people with their environment and that this becomes ever more pertinent in an increasingly

frenetic, fast changing, digital world. More than ever, both our schools feel that making connections with other schools in the local area is very important, enabling pupils to make links with their nearest neighbours as well as with others in Europe and beyond, encouraging global citizenship and nurturing a sense of environmental interrelation and responsibility. Most significantly, outdoor learning aids wellbeing, and happy children make better progress and achieve more across all subjects. Surely that is the outcome we want for every child? **Melissa Pinfield (teacher)**

(See a selection of the children's stories at the end of Hamlet)

Harrowbarrow & Metherell Social Committee invites you
To the re-scheduled
“Virtual” St.Piran’s
PARTY
Village Hall, Harrowbarrow
Saturday 28th April at 7.30pm
An All Cornish Evening
of Singing, Dancing and lots of Fun
With the The Inner Tube Band

 **Pipe in the Pasty** 
Tickets in advance £7.00

from Adrian at the Post Office or Lorraine 01579 35091
or £9.00 on the door.
Includes a mini pasty& a tot of cider!
Dance with the Obby Oss 
B.Y.O.Drinks & Nibbles



MAY DAY CELEBRATIONS

Monday 7th MAY at the Village Hall

New start time 1pm

Town Crier, Maypole Dancing
Stalls and Games, Horse Racing
and lots of other activities:

Face painting, Mystic Millie, Books, Plants.

Various Refreshments, Cakes and Cream Teas, Ice Creams, Licensed Bar,
Tombola & Raffle.

Entertainment by The Westonaires.

The Arrow Barrows Display Team will close the afternoon's festivities.

~~~~~

### Calstock Parish Twinning Association

The CPTA continues to thrive with around 40 members at present. We had a successful year last year with a number of fundraising events following our most enjoyable visit to St Thuriau last May. This year it's our turn to host and we look forward to welcoming our French families in May 2018.

Our annual social event this year took place on February 17th with a 'Soup, Bread & Cheese and Crêpe soirée'. It was a great success with some budding Crêpe chefs discovered! (This is good news as we plan to do a Crêpe stall at the Latchley Show in July this year!)

We also have a members and friends Safari Supper planned on Saturday 21st April which will take place around Harrowbarrow.

Our main event this year will be the Twinning Weekend in May. We have a number of activities planned, including our soirée on Saturday May 19th in the village hall where we have the 'Big Pan Parties' catering team booked with some entertainment from 'The Wreckers' (and no doubt a bit of singing and dancing all round).

We are always looking for more members to keep this association going so welcome anyone interested to get in touch.

**current President Louise Marsh (01579 351264) or email  
lou\_marsh@btinternet.com**

~~~~~

Continuing our series of A Business near you

Amanda Read's Fine Jewellery



What a pleasure it was to visit a long established Metherell family as Amanda and Nigel Read welcomed me into the hustle and bustle of their busy home! Three generations now live in the bungalow that has been home for 27 years with some additions to the property to accommodate their growing family. Amanda spent her

formative years with her sister and brother in both Rising Sun and Metherell, attending Harrowbarrow School when Miss Roberts was Headteacher. Would Amanda want to live anywhere else? Definitely not! Why would she want to leave her lovely home in its beautiful setting?

The Reads' daughters also went to Harrowbarrow School. Bethany lives away and is a teacher. Chloe and Charity live at home as do Chloe's partner and their little boy Max. Gemma is the globetrotter, presently in Australasia/Far East after spending time in the Americas. Lily and Jessie are the Shih Tzus and there are geese, chickens, quails and call ducks. Many animals - and I had a sneaking feeling Amanda would like more!

When asked about their favourite family pastimes what emerged was echoes of my own childhood - sitting around the table together, enjoying music, a good sing song. Amanda and Nigel also like walking in west Cornwall. And then there is Amanda's passion for making jewellery. Completely self taught, both creator and designer, she works with sterling silver and real gemstones. It all began 15 years ago when she and her sister Nicki made jewellery and Christmas decorations: baubles, beads, & some commissions along the way, naming their enterprise 'Life's a Ball'. They did the round of fairs like Saltram and Buckland, selling T-light holders, beaded baubles and Christmas spiders. After 'Life's a Ball' Amanda developed her 'Silver Daisy' business.

Last year she came to the village hall for the Children's Hospice SW and Social Committee's Christmas Coffee Mornings, Tamar Grow Local's Christmas Market, plus events at Cotehele, St Mellion & Buckland. She also plans to be at the Wedding Fayre at the village hall on March 25th with jewellery that now includes commissions for wedding rings.

Amanda enthusiastically showed me the workshop where her creations start life. It was fascinating to handle the gems which will one day become necklaces, bracelets and ear rings. She is registered with the Birmingham Assay Office as a crafts person with many of her items hallmarked - and not just those over 7 grams in weight.

Amanda is willing to have a go at anything and plans to develop working with rose gold, etching and perhaps engraving. Call her on 01579 350636 or e-mail: amanda@silverdaisyjewellery.co.uk or visit her developing website at www.silverdaisyjewellery.co.uk **Jean Miller**

Calstock Parish Local History Group
(www.calstockhistory.org.uk)

Sat. 28 April 7.30pm at the Methodist Church, Albaston

'Tharsis - Villa in Calstock and Mine in Spain'

Thomas Down, smelter & assayer, made a fortune at Tharsis mine and in the 1870s retired to his new villa in his native Calstock. **Jill Lane** uncovers a story of Victorian enterprise and tells of her 2017 visit to the mine in Spain.

Summer events to be decided

Bird Report by Geoff Roberts



What a winter! Mostly wet and mild and then a sprinkling of snow which gave the weather forecasters a bit of a headache, not the right snow for building a snowman or a snowball fight I might add.

It has been an exciting few months with reports coming from a few in the village and a nice photo of a Golden Pheasant sent to me. What a fantastic looking bird, funny I have never seen one except in captivity.

Reports from the previous renowned writer of this column of a Chinese Goose and in my very own garden a Jack Snipe landing on the lawn for a short while and disappearing as quickly as it came, but another tick in my bird spotters' manual.

The frequent visitors to my garden over the past months have been flocks of Redwing though they seem to have missed our holly tree full of juicy red berries. Fieldfare, Greater Spotted Woodpecker, Jay, Magpie, Jackdaw, Heron(at pond eyeing up all the Frog / Toad spawn), Rook, Crow, Tits (Great, Coal, Longtailed and Blue), Chaffinch, Bullfinch, Greenfinch, Goldfinch, Siskin, House Sparrow, Dunnock, Nuthatch, Starling, Robin, Wren, Blackbirds and Wood Pigeons a-plenty, Collared Doves & Song Thrush.

There have been reports of a Red Kite along the Tamar, and the screech of the Buzzards have been filling the air as they circle overhead.

p.s. I am starting Cycling training with the local school in June. Please take care when driving through the village as you cannot see round corners. PLEASE SLOW DOWN.

Tamar Valley Community Bus

On behalf of all the passengers and committee, a big thank you to all the community bus drivers for their huge efforts during the recent roadworks at Gunnislake. They did their very best to pick people up at their normal times and venues, even when this meant a detour around the back lanes. Only a couple of runs had to be cancelled when tarmacking meant the route was impossible. They also made the effort to contact passengers and keep them up to date with any changes. We also thank the road workers who were polite and courteous and always did their best to be helpful.

Drivers Needed

Also, if you could offer a few hours a month to support this invaluable asset, which is a charity totally run by volunteers, please contact:

07977486915 or e-mail: carolin-cornwall@gmail.com

TAMAR VALLEY Bus trips &



outings for all ages

April – Booking already open

Date	Destination	Cost plus cost of entry	Depart	Home
Tue 03	Afternoon Tea	£4	1.30	4.00
Mon 09	U3A Callington	£3	9.30	12.30
Tue 10	Trago Mills Liskeard ***	£5	10.00	4.00
Thu 12	Callington /Library*	£3	2.00	4.00
Mon 16	Friendship Club			
Tue 17	Fernoy Gdn Centre Newton Abbot	£6	9.30	5.00
Mon 23	Truro***	£8	9.30	5.00
Tue 24	Pub lunch	£5	11.00	4.00
Mon 30	Castle Drogo Chagford	£6	9.30	5.00

(admission £12.10 to non members)



May – Booking opens 11 April

Tue 01	Afternoon Tea	£5	1.30	4.00
Thu 03	Callington/library*	£3	2.00	4.00
Tue 08	Trago Mills Liskeard ***	£5	10.00	4.00
Mon 14	U3A Callington	£3	9.30	12.30
Tue 15	Teignmouth	£8	9.30	5.00
Mon 21	Friendship Club			
Tue 22	Truro***	£8	9.30	5.00
Thu 24	Callington/library*	£3	2.00	4.00

June – Booking opens 09 May

Mon 04	U3A Callington	£3	9.30	12.30
Tue 05	Afternoon Tea	£5	1.30	4.00
Mon 11	Friendship Club			
Tue 12	Trago Mills Liskeard ***	£5	10.00	4.00
Thu 14	Callington/library*	£3	2.00	4.00
Mon 18	Truro***	£8	9.30	5.00
Tue 19	Launceston Steam Railway	£5	9.30	5.00
	& Charlie Bear gallery (train fare concessions £9.50)			
Mon 25	Bude & Brooks Gdn Centre	£8	9.30	5.00
Tue 26	Pub lunch	£5	11.00	4.00

*** TRAGO and TRURO free to concess. pass holders *50p to concess.

WEDNESDAYS 9.30 - 1.30 – Callington/Co-op/Tesco - £3 return

THURSDAYS 9:45-12:15 - Post Office Gunnislake /Coffee morning

FRIDAYS 9.30 – 2.30 (approx) – Tavistock/Morrisons - £3 return

BOOK with Mavis 01822 833412 Monday to Friday 10am to 5pm



Artist Mary Martin's Open Garden for the 'National Garden Scheme'

21-22 April 10am - 5pm

£4.50 p.p. children free

Homemade teas

Mary Martin is opening her garden at Ash Barn, PL178BP, opposite Glamorgan old mill (down the Cotehele road from Bartletts corner).

It is a terraced 3 acre woodland garden, full of magnolias, camellias and fruit trees, underplanted with old roses, shrubs and Tamar Valley narcissi. Intensive herbaceous planting provides interest for most of the year, and contrasts with box and holly topiary. Narrow uneven paths and steps reflect the wild wood atmosphere.

There is also a quarry edge so no dogs or unsupervised children. Regret no wheelchair access.

See preview photos on the National Garden Scheme website & find out more about the scheme.



Harrowbarrow Open Gardens for St Luke's Hospice

Sunday 10 June 11am - 4pm

£5 entry to lots of gardens

Refreshments this year in the Village Hall

Please will you bake a cake for this event and deliver it to the Village Hall before 11am on the event day.

Please come and support us on the day

Thank you, Jo & Gill

Calstock Footpath Society

I am writing this on the coldest day with the garden full of birds eating sunflower seeds and drinking at the bird bath – both of which I am having to replenish every hour or so! Perhaps by the time Hamlet comes out we'll be bathing in warm sunshine and enjoying how spring flowers bring a sudden rush of colour. Traditionally there is a time when the gardener looks at seed catalogues and makes plans for the season ahead, preferably from the comfort of their warm home. In this trend, the cold weather may give us an opportunity to think about summer walks and take out the

maps. We have started to look at where there are paths that we all use but which don't have a formal recognition as a Public Right of Way. This is part of a countrywide exercise countrywide to work out which can be registered to go on to the county definitive maps.



We also continue to join in the current conversation with the Environment Agency to emphasise how the well-loved riverside path at Calstock – part of the Tamar Discovery Trail – may be included in their plans for renewing flood protection for the village.

In April, our walk will take us around the woods and fields of the Cotehele estate where our Tamar Valley daffodils may well be splendid, along with our native pink and white windflowers (wood anemone), bright green and white wood sorrel and the early bluebells. You are very welcome to take part for £3 per walk, or pay £6 for the whole year.

Sunday 22 April Meet at Cotehele Quay at 11am. (£3 car park charge unless you are National Trust member & have a valid NT Carpark sticker.) 2.5 miles easy walk taking in the waterworks of Mill and Weir, passing through Comfort Wood and on to Newton then through farmland with distant views of Calstock Church, the River Tamar, the Viaduct and Calstock itself. This follows our Walks Guide 4. A few slopes but no stiles. Bring a packed lunch and drinks although, as we'll be having lunch at Cotehele Quay, the Edgcumbe Arms can provide refreshments. Walking boots recommended. Registered assistant dogs only, and kept on a lead. For more information please contact me at calstockfootpath@gmail.com or look on our website: <http://cfs.btck.co.uk>

Juliet H

14 July - Village Show at the Village Hall

After the grim winter weather, hopefully by now a distant memory, a sure sign of impending summer is the Village Show schedule (published in the last issue of Hamlet).



The Show, a big event in our calendar, takes place on Saturday, 14 July – and gives everyone, young and old, an opportunity to shine, with many classes in art, craft, photography, flowers, cookery and produce, as well as the more standard ones

for vegetables and fruit. The prize of a fine rosette or even a cup is a great incentive but it is always the taking part which brings the greatest satisfaction – feeling a part of a central event in the village, the only one which gives everyone that opportunity.

The sharp-eyed will notice that we have some interesting new classes so I ask that you read the Schedule carefully to see what YOU can enter with your skill or speciality. I am calling out to the Artist, the Seamstress, (not limited to the feminine Seamstress only I don't know a masculine word for the occupation), the Woodturners, the Pickle Makers, the Wine and Cider Makers and all of those who would like to display their hidden skills on a bigger stage.

It is always astonishing to see, if only on one Summer Saturday afternoon each year, the quality and range of skills in the above areas, and the vegetable and produce-growing tucked away in our small population.

The Show is very well supported every year but we'd like to reach out and unlock new talents in all the classes offered, and thus give everyone the opportunity to enjoy a wonderful event.

Steve Matcham, Chair

Country Diary 21 March

Primroses flower beneath a tangle of brambles on the sun-warmed hedge at the bottom of a former market-garden in the Cleave Valley. Brash and chunks of wood strew the south-facing slope interspersed with frost-withered harts tongue, self-sown ash, and plastic tubes guarding deciduous saplings. The National Trust and volunteers are planting these to replace larch, felled over the last two years because of the threat of disease. 30 year-old tree trunks have been dragged out and carted away for chipboard, stakes and fire-wood and are also being burnt in a wood-chip boiler that heats a nearby glass-house nursery.

In 1984 the last grower retired after cultivating the amalgam of plots comprising Hearn's Wood, Brake and Boars Bridge. After the usual tenant rights valuation, when the worth of improvements and costs of dilapidations were assessed, this part of the Cotehele estate was planted with larch. The sunny slope became engulfed by trees, obvious in autumn when the brilliant yellows contrasted with old, lichen-covered deciduous woodland on the opposite shady side. Today, the only indication of intensive cultivation are a few clumps of hardy daffodils like

Magnificence, Fortune and Helio, growing on the edge of the felled plantation and among faded snowdrops on banks of the lane at the top of the slope. The surviving packing house with its ivy-covered chimney was lived in by part-time fruit pickers pre-war and later became a day-time base for the last gardener and his wife. For more than 20 years they made a living on five and a half acres of this extremely steep but early ground, growing a succession of anemones (picked during winter and onwards



into spring), violets, early daffodils, cabbage, lettuce, and strawberries [(the variety Favourite was supplied to Marks and Spencer)]. Their plough had to be winched uphill as did slumped soil; cultivation, planting, manuring, spraying, watering and harvesting were all done by hand as the land was too steep for machinery. Few now produce outdoor fruit, flowers and vegetables but across the hill the local organic farmer has planted a field of broad beans under fleece.

written for the Guardian by Virginia Spiers

~~~~~

### **Calstock Parish Archive**

For those who haven't seen it in the newspaper, regrettably, the archive and the Parish Council have officially withdrawn the bid for funding from Heritage Lottery Fund. Two main factors being the escalation of costs resulting in a request to the council from HLF to provide more match funding which, with their tight budget, they were unable to do, and secondly the fact that HLF expected the council, as the official applicant, to be responsible for the archive activities. Obviously as an independent volunteer run group, this was not acceptable. The council have offered us first refusal on the chapel if we can find alternative funding. The archive is now considering whether a smaller scheme using different funders could be attempted.

**Lynda Harman**

Deadline for next Hamlet (Summer) contributions : BEFORE 15 June  
Diary dates and events etc. for July, August, September  
Sally Eccles, Wallcroft, Coombe, Harrowbarrow, PL17 8JH  
01579 350329 sallyeccles1@gmail.com



**S.H.A.M.E. presents its 2018  
summer show**

**On Saturday 2<sup>nd</sup> June @ 7.15  
and Sunday 3<sup>rd</sup> June  
@ 2.15**



Come and enjoy a nostalgic trip to 1968

when we present

**MetherBarrow Broadcast Companies**

## **Radio Times.**

If you don't remember  
Sunday lunchtime in  
1968 then come and see  
how we managed before  
the internet.



*See posters nearer the date!*

## Harrowbarrow School Stories

It was a shadowy afternoon; the sun had started to set. I looked up to the marshmallow clouds that were slowly fading away in the misty sky. The mountain tops were festooned with milky white snow, the blood-red fire and the smoky grey mist.

Me and my older sister, Alex, started to get scared as night struck. Then Alex had a good idea (she never has good ideas). "How about we find some shelter?" Alex asked

"K," I replied.

Alex stood up and turned 360 degrees looking for shelter.

"THERE!" Alex shouted, "I found shelter."

We made our way towards the shelter. Suddenly a twig snapped behind my back. The wind started to get cold; I could hear faint whispers in my frozen ear. My hearted started to pound. Alex, who was unaware what was happening, went to the stream right next to us, gathering whatever to put on the fire. Crows suddenly screamed overhead. They made me jump with a jolt. Backing up cautiously, I tripped over a stone. I screamed in horror.

"What?" Alex rapidly turns round.

"We need to pack up!" I say.



Kasia Pethick Year 6

It was a midnight black evening in winter. On the horizon, the tops of the mountains were like sheets of paper of top of papier mâché project. The misty fog numbed your sight of direction and the branches on the skeleton trees were standing out.

One this night Joe felt something that he had never felt before. His stomach had butterflied and he knew that something was going on out in the darkness. Joe (who did not fear the dark) was scared that night. Although he had walked down that road all his life, he was still worried about something. What that something was he did not know yet. A twig snapped and Joe started to head in the direction of home. He heard a very faint chuckle and began to run in the dark. Into the dark alleyway he went, but his shoe got caught in a puddle. In a blink of an eye, Joe glanced behind and saw a figure festooned in darkness. The figure, whose body was a sky black colour, looked instantly strange and peculiar to Joe.



Joe was extremely alarmed at this point and could see lights on in his house. Will he make it? Or will he have to face whatever is following?

Itching his neck, he headed back to his house lights. His heart was beating out of his chest like a tiger trying to get out of a cage. He turned around not knowing why and there it was.

Blake Tancock Year 5

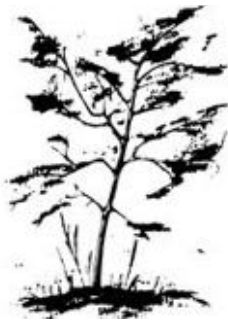
Darkness fell. Matt was shivering as the biting wind swirled around him. The sun had set a blood red a few hours ago and all that was left was the dismal, muddy terrain with the ominous sky looming above. The trees stretched out their skeletal fingers out towards Matt as if there were about to grab him. Why had he hid that rat in her bag? Now he had to walk home alone, in the dark.

Although Matt had never been afraid of the dark before, he could feel his heart thumping out of his chest. Matt (who didn't believe in ghosts or myths) felt danger - but was too late.

Ravens screamed. Pines cracked. Matt glimpsed behind him a pine black

the shadow. His  
White's Tooth.  
like smoke.

turned fully  
a tap of a shoe  
A letter drifted  
Snatching up  
until he could  
he reached



creature stepping out from  
claws as sharp as a Great  
His face a cloud of misty  
Matt's head spun. He  
around. A flick of a cloak,  
and the creature was gone.  
silently to the ground.

the letter, he ran. He ran  
run no longer. By the time  
civilisation he was sweating

badly and his legs ached as if he had run a marathon. He  
raced through his house. Matt slumped on his bed, too tired to  
notice the glinting red in the corner of the room.....

Erin Lynch Year 6

## HALFPENNY COTTAGE HARROWBARROW

A luxurious Self-Catering property  
Sleeps 6

Solar heated Swimming Pool  
in High Season  
Short Breaks available  
in Low Season

Special Rates for local enquiries

Alan & Verona Davis  
01579 351034  
[www.halfpennycottage.net](http://www.halfpennycottage.net)

---

## HANDYMAN

Home and Garden Maintenance

Tavistock / Callington Area  
Call Barry

**Mobile: 07867 671509**

Home: 01579 350463

## Honicombe Manor

See Facebook Page or call for  
opening times

'Live Local' Loyalty cards offering  
Freebies and Special Offers

Pool and Gym open to the public

### New for 2018:

Comedy club is coming to Honicombe ,  
Buble Tribute, Rock & Roll outlaws  
Introducing our over 25s Disco nights  
and more !

Hire a room for functions, meetings or  
to catch up with friends -

For more info. **01822 258090**

[enquiries@honicombemanor.co.uk](mailto:enquiries@honicombemanor.co.uk)

## ODD JOB JOHN

- Property Maintenance.
  - Man & Van Hire Service
- Obligation Free Quotes



## R Mears & Sons Chimney Sweeps

Established over 30 years

Vac Brush. Full CCTV investigations. Pots, Cowlings & Bird  
Protection fitted. Solid Fuel Appliances, Rayburns,  
Woodburners, Stoves etc serviced. Fully Insured.

Tel: 01840 261221 Tavistock: 01822 664554  
Mob: 07737 533392  
[www.sweepdevon.com](http://www.sweepdevon.com)



# Need more space?



## Container Hire and Sales

- Secure units
- Competitive prices
- Easy access

## Tamar Valley Transport Limited

Harrowbarrow, Nr Callington, Cornwall PL17 8JG

01579 351050

**TAMAR  
CARS**

*Tamarcars.co.uk*

**07760 775 132**

*Tamarcars@hotmail.co.uk*

*Your Local Taxi company*

## Williams Window Cleaners (est. 1990)

window cleaning,  
gutter unblocking,

gutter and fascia cleaning

01579 384435 / 07990 996886

**rob381970@hotmail.co.uk**

Quality work – regular service  
excellent value

no job too large or small for our family  
business

## MARK FITCH CHIMNEY SWEEP

- \* BRUSH & VACUUM
- \* CLEAN, RELIABLE SERVICE
- \* COVERING ALL S.E. CORNWALL
- \* DISCOUNT FOR MULTIPLE CHIMNEYS
- \* COWLS & GUARDS FITTED
- \* STOVES SERVICED



*Call  
Mark on:*

01579 350762  
07773 462643



## BROOKLYN COTTAGE DOG BOARDING

Home Dog Boarding & Dog Day care. No kennels involved.

A Home from Home environment.  
In the village of Harrowbarrow near Callington.  
Fully licensed by Cornwall council & fully insured for public liability.  
25 years experience working with Domestic & Military Dogs.

For enquiries or bookings contact: Sophie Woodley  
Tel: 01579 208472 or 07711146581

A Home From Home  
Boarding Cattery  
Netley Farm,  
Harrowbarrow

Enquiries  
Welcome  
01579 350887  
07933 085171

Fully Licensed & Insured



**LIBRA HAIRDRESSERS  
& ADAM'S Original BARBER SHOP,**  
**01822 833800**

**Drakewalls, Gunnislake**

(opposite Delaware Primary School!)

**Ladies**

Tue 10 - 5pm

Wed 10 - 5pm

Fri 10 - 5pm

Sat 10 - 12.30pm

**Barbershop**

Wed 9.30 - 4pm

Fri 9.30 - 5pm

Sat 9.30 - 12.30pm

**easy parking, small family run salon**

---

***PERMANENT MAKEUP***

by Daphne J Smith  
of **Cosmetic Contour**

Cryopen treatments for the permanent  
removal of skin Tags, Pigmentation/Sun  
Damage spots, Milia, Warts and verrucae.

15 Years Experience  
and a member of the SPCP  
Clinic at Blue Mist

Lower Metherell PL17 8BJ  
**01822 610404 / 0800 0820852**

[www.cosmetic-contour.com](http://www.cosmetic-contour.com)

Follow us on FACEBOOK & TWITTER  
for all our current offers & photographs.



**ONE-to-ONE SUPPORT  
WEEKLY APPOINTMENTS  
MOBILE VISITS TO YOUR HOME**

**East Cornwall Chiropody  
& Podiatry**

**Neil Oliver - HPC Registered  
Chiropodist & Podiatrist**

Home visits in East Cornwall,  
including Harrowbarrow & Metherell

**01822 258604 / 07828 737814**

[www.cornwall-podiatry.50webs.com](http://www.cornwall-podiatry.50webs.com)

---

**ARCHWAY**

**DENTAL SURGERY**

*Experience dentistry in a relaxed and caring  
environment*

Email us at

**reception@archwaydentalsurgery.co.uk**

Check out our website at

**www.archwaydentalsurgery.co.uk**

**01579 383300**

5-6 Well Street, Callington, Cwll, PL17 7AU

*Find us just off Fore Street in Callington*

**FELICITY BENDER BDS MFDS RCS (Ed)**

**Acupuncture**

**Lai Chee Choy-Ryves BSc Hons**

Member of British Acupuncture Council

A Natural way to restore & maintain Health

For a wide range of Health issues -  
Chronic or acute

Weekday & Saturday, Sunday appointments

[www.laicheeacupuncture.com](http://www.laicheeacupuncture.com)  
[laichee@laicheeacupuncture.com](mailto:laichee@laicheeacupuncture.com)

**01579 350740**

Gift Vouchers

---

## Colin Chadwick - Tree Specialist

B. Sc (Hons) Forestry,  
NPTC Qualified



Felling, crown reduction,  
pruning, planting, hedge work.

Free & friendly advice.  
Fully insured.

Tel. 01579 351282

[www.colinchadwickcornwall.co.uk](http://www.colinchadwickcornwall.co.uk)

---

## LET ME WRITE YOUR WILL

**I am a retired Solicitor**

so you know it will be done properly.

I always come to your home  
so you feel more confident.

Couples can protect their home from  
residential care fees. Let me tell you how. I  
also cover Powers of Attorney - Living Wills.

My prices are reasonable -  
and there's no VAT!

**MICHAEL GRUNDY** Tel 01579 351467

**A QUALITY SERVICE -  
A SENSIBLE PRICE**

---

## Pridhams Electrical Centre

Your local Euronics store

LCD Digital TV, Domestic Appliances,  
Small Appliances and much more

Bosch Electrolux Beko

Toshiba Humax Samsung

We deliver, we install, we care,  
always at competitive prices

**14 Fore Street, Callington,  
01579 383527**

---

## Richard Marshall-Evans

Upholstery & Repair

of antique & modern furniture

Wide range of fabrics available  
Restoration of antique furniture & clocks etc.

Canework – chairs re-seated.

Furniture made to measure:  
sofas, dressers, tables.

Free estimates

tel : 01822 834911

mob : 07720096917

[www.marshallevalansrestorations.co.uk](http://www.marshallevalansrestorations.co.uk)



All year round quality care from 7am to 6pm  
For children aged 1 to 4 years & up to 11 years  
for after school club & school holidays. Exciting  
activities on offer, forest school area & so much more!

We only close for 2 weeks at Christmas!

Separate room for our babies & toddlers.

Prices from £3.80 per hour,

funded places also available.

Give us a call, visit our website or email for more

info. 01822 832093

[delaware.preschool@tiscali.co.uk](mailto:delaware.preschool@tiscali.co.uk)

[www.delawarepreschool.co.uk](http://www.delawarepreschool.co.uk)

---

## Tamar Valley Personal Assistants

Juliet Johnson & Cassy Leversedge

**01822 833420 07871 714401 or**

**Tamarvalleyted@aol.com**

We offer flexible support to help you live  
safely & happily in your own home.

Fully qualified & insured, we offer  
physical care, companionship, outings,  
hospital appointments & 24 hour respite  
breaks for main carers.

For more details see our facebook page:

**Tamar Valley Personal Assistants**